

**THE TOP 10 MOST FREQUENTLY CITED OSHA STANDARDS
(10/1/08 - 9/30/09)**

1. Scaffolding, general requirements, construction ([29 CFR 1926.451](#))
Corresponding California Standard – 8 CCR, Construction Safety Orders, Article 21, Section 1637 <http://www.dir.ca.gov/Title8/1637.html>
In a Bureau of Labor and Statistics (BLS) study, 72% of workers injured in scaffold accidents attributed the accident either to the planking or support giving way, or to the employee slipping or being struck by a falling object. All of these can be controlled by compliance with OSHA standards. A major component of any compliance program is the proper training – and we have just the program to help you.

2. Fall protection, construction ([29 CFR 1926.501](#))
Corresponding California Standard – 8 CCR, Construction Safety Orders, Article 24 <http://www.dir.ca.gov/Title8/sb4a24.html>
Occupational fatalities caused by falls remain a serious public health problem. Identifying fall hazards and deciding how best to protect workers is the first step in reducing or eliminating fall hazards. SCM has written programs as well as training to help provide a greater understanding of fall hazards in construction and other tasks performed above ground, as well as more caution when performing such jobs and better use of personal fall arrest systems.

3. Hazard communication standard, general industry ([29 CFR 1910.1200](#))
Corresponding California Standard – 8 CCR, General Industry Safety orders, Section 5194 <http://www.dir.ca.gov/Title8/5194.html>
OSHA requires that information about chemicals in the workplace must be made available to your employees in language that they can understand. They must know where your Material Safety Data Sheets (MSDSs) are located, and how to read them. You must also have a written Hazard Communication program. We can help you meet these requirements and more. Let us show you how.

4. Respiratory protection, general industry ([29 CFR 1910.134](#))
Corresponding California Standard – 8 CCR, General Industry Safety Orders, Section 5144 <http://www.dir.ca.gov/Title8/5144.html>
An estimated 5 million workers are required to wear respirators in 1.3 million workplaces throughout the United States. Respirators protect workers against insufficient oxygen environments, harmful dusts, fogs, smokes, mists, gases, vapors, and sprays. These hazards may cause cancer, lung impairment, other diseases, or death. But there are many different types of respirator – what should you use, and how do you use, store, maintain, clean and inspect it? It can be confusing. We can

assess your site for inhalation hazards, help with respirator selection, assist with your written program, and train your staff on the proper use of your equipment.

5. Control of hazardous energy (lockout/tagout), general industry ([29 CFR 1910.147](#))
Corresponding California Standard – 8 CCR, General Industry Safety orders, Section 3314 <http://www.dir.ca.gov/Title8/3314.html>
Enhance your employee’s knowledge by providing information regarding the various types of energy sources likely to be encountered, hazards associated with those sources, the types of systems used to control energy sources and the need to follow all safety rules relative to the control of hazardous energy. What is the most energy efficient way to get this training? Take it online! Check it out at hazmatscool.com, course 1292.

6. Ladders, construction ([29 CFR 1926.1053](#))
Corresponding California standard – 8 CCR, Construction Safety Orders, Article 25 (<http://www.dir.ca.gov/Title8/sb4a25.html>)
What ladder do you use when? How often should it be inspected? Do you have the right ladder for the job? Are your employees using ladders correctly? These questions and more can be answered. We can audit your worksite, give your staff a safety training class and answer your questions.

7. Powered industrial trucks, general industry ([29 CFR 1910.178](#))
Corresponding California standard – 8 CCR, General Industry Safety Orders, Article 25 (<http://www.dir.ca.gov/Title8/sb7g4a25.html>)
Minimize employee risk of injury and illness by fully implementing an Industrial Lift truck / Forklift Program. This is accomplished through enhancing employee knowledge, changing behavior and improving attitudes toward operating powered industrial trucks safely. We can help you put in place a written program and train your staff. Call us to find out how we can help.

8. Electrical, wiring methods, components and equipment, general industry ([29 CFR 1910.305](#))
Corresponding California standard – 8 CCR, Low Voltage Electrical Safety Orders, Article 13
<http://www.dir.ca.gov/Title8/sb5g1a13.html>
The rules and requirements for temporary wiring affect more than just those who work with electrical energy. They affect offices and worksites. Where and how can you temporarily plug in a cord in your work place? We can provide a safety audit of your work site and potentially save you from unnecessary citations or worse, from unnecessary harm from temporary wiring.

9. Electrical systems design, general requirements, general industry ([29 CFR 1910.303](#))

Corresponding California Standard. 8 CCR,, Low Voltage Electrical Safety Orders, Article 12 <http://www.dir.ca.gov/Title8/sb5g1a12.html>

This standard relates to the examination, installation and use of electrical equipment. Does your work site meet OSHA requirements? Let us perform a safety audit of your worksite!

10. Fall protection, training requirements ([29 CFR 1926.503](#))

Corresponding California Standard – 8 CCR, Construction Safety Orders, Article 24 <http://www.dir.ca.gov/Title8/sb4a24.html>

When there is a lack of training, people can get hurt. It's as simple as that. And falls continues to be a major cause of occupational injuries. And it's more than just injury protection. At what height are fall arrest systems and other controls required? The Federal OSHA and California OSHA standards don't always agree. When do you use which standard? It's in the training! Call us, we know the answers to these questions and many more.