

WEEKLY SAFETY TIP – 1/24/11 – SAFETY QUIZ 101

What do you know about safety? As Safety Trainers and Consultants we meet many people who think they know all about how to be safe on the job, but they don't always know what they don't know. Just for fun, we have compiled a short quiz of some basic information from a variety of safety topics, such as Confined Spaces, Hazardous Materials, CPR and Fire Safety. If you are looking for the answers – you will find them on our website with today's safety tip on our Tips of the Week page, linked here: http://www.scm-safety.com/weekly_tips.html and on our Facebook page, linked through the Facebook button at the bottom of this email.

1. Most of the people killed in confined spaces are:
 - A. Rescuers
 - B. Electrocuted
 - C. Poisoned
 - D. Working alone

2. A person becomes an entrant into a confined space when:
 - A. They open the space
 - B. The permit is issued
 - C. They arrive on the work site
 - D. Any part of their body breaks the plane of the confined space entrance

3. The safest atmosphere is that which:
 - A. Contains at least 30% oxygen
 - B. Keeps the blood pH balanced
 - C. Is most similar to normal atmosphere
 - D. Contains less than 19.5% oxygen

4. OSHA has specified a hierarchy of controls to keep workers safe. Which of the following is to be considered first?
 - A. Personal Protective Equipment (PPE)
 - B. Administrative Controls – work rules
 - C. Engineering Controls
 - D. It really doesn't matter which you select first.

5. Which of the following reasons can be used to stop providing CPR?
 - A. You are too exhausted to continue.
 - B. The area where you are working becomes unsafe.
 - C. Another trained person arrives and takes over for you.
 - D. The patient recovers.
 - E. All of the above

6. The American Heart Association Chain of Survival links include which of the following?
Select all that apply.
- A. Early access to the EMS system by calling 9-1-1 or other appropriate numbers.
 - B. Providing CPR as soon as you recognize that the person needs help.
 - C. Providing defibrillation as soon as an AED is available.
 - D. Providing treatment for serious bleeding or broken bones.
 - E. Holding the neck steady in case it is damaged.
7. For a chemical or hazardous material to cause harm to your body, it must contact you with through a Route of Entry. Which of the following is the most vulnerable route of entry?
- A. Ingestion
 - B. Injection
 - C. Inhalation
 - D. Absorption/contact
8. Are the health effects of exposures to hazardous substances always immediate?
- A. Yes
 - B. No
9. True or False. Occupational exposure to chemicals is a leading cause of cancer.
- A. True
 - B. False
10. Fill in the blank. In order for a fire to burn it needs 4 things, including oxygen, fuel, heat and _____.

Here are the answers: 1-A; 2-D; 3-C; 4-C; 5-E; 6-A, B&C; 7-C; 8-B; 9-B; 10-Chemical Chain Reaction.

OK – how did you do?

Let us know on Facebook, or by responding to this email, if there is a topic you think you need a little refresher on or if you have a question. We will cover some of your questions in the next few weeks.